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March 21, 2012

Health District Celebrates National Public Health Week

National Public Health Week is April 2-8, 2012 and the Central Connecticut Health District is reminding residents that public health plays an important role in every individual's life. With its emphasis on the prevention of disease and the promotion of health of communities and populations at risk, public health is uniquely qualified to play a major role in the reform of our healthcare system. Public health works to protect and improve the health of a community through preventive medicine, health education, control of communicable diseases, emergency preparedness coordination, application of sanitary measures, and monitoring of environmental hazards.

Throughout history, public health has made tremendous strides in food safety, occupational safety, motor vehicle safety, control of infectious diseases, vaccination, fluoridation of water, infant and maternal health, and modifying behavior to reduce the risk of cardiovascular disease.

On March 19, 2012, Mayor Donna H. Hemmann of Wethersfield signed a proclamation recognizing the importance of public health for National Public Health Week, April 2-8, 2012. The Mayors of the other three Health District towns will also be signing proclamations at their upcoming Town Council meetings. The theme for this year's National Public Health Week is "A Healthier America: Join the Movement".

For more information about the Health District's events please visit www.ccthd.org or call the Health District at (860) 721-2822. Additional information can also be found on the National Public Health Week website at www.nphw.org.