



Putting on AIRS:

The Asthma Self-Management Program is modifying the criteria for eligibility, while extending the number of home visits as directed by the Centers for Disease Control and Prevention

Brief program description: Putting on AIRS offers a home visit by an asthma educator, and an environmental specialist. The asthma educator reviews asthma pathophysiology, prescribed medications including their preferred delivery methods, inhaler use techniques, asthma management, written orders by the medical provider, and use and care of medication delivery tools. In addition, the environmental specialist educates participants about asthma triggers in the home and conducts a home assessment to identify the potential triggers.

Eligibility requirements include fulfilling one or more of the following criteria:

Poorly Controlled as defined by Asthma Control Test (<19) **and/or** any of the following:

≥ 1 ED visit or hospitalization or unscheduled medical visit in the last 6 months; **or**

Non adherence to inhaled Corticosteroids; **or**

Self-Administered 3 rescue inhalers in 6 months; **or**

Activity limits due to asthma; **or**

School Absences: missed ≥ 2 school days in the last year; **or**

School nurses office visit > 2/week; **or**

Work Absenteeism: missed ≥ 2 work days in the last year; **or**

Program Highlights

Medical provider driven/ Follows the National Heart, Lung & Blood Association Guidelines, Utilizes Asthma Action Plan

The program provides 3 home visits to parents and/or guardians, patients and a 6 month-follow-up

Written report to medical provider of findings, and recommendations to family

- Free: No income restrictions
- Professionally Credentialed & Spanish-Speaking Staff:

For more information, and to learn how to refer your patients, contact: **Betty Murphy, BA, Program Coordinator**

(860) 785-8380

bmurphy@ccthd.org



